

Over the Rainbow May 2018 Newsletter

Over the Rainbow
Bordentown, NJ 08505
Overtherainbowcdc.com
April, 2018
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Happy Birthday

5/2 Alana
5/10 Adelyn
5/22 Cecilia
5/22 Marigold
5/26 Sierra
5/26 Nathan
5/27 Gabby G.
5/30 Dylan

Upcoming Events

Don't forget to sign your child up for Summer Camp

Every Tuesday is Lending Library

5/1 May Day

5/4 Cinco De Mayo

5/7-5/11 Teacher Appreciation

5/11 Muffin's with Mom (6:30am-9:30am)

5/13 Happy Mother's Day!

5/15 National Chocolate Chip Day

5/16 Family Craft Night (3:30pm-6:30pm)

5/18 NASCAR Day- wear your favorite drivers shirt

5/28 Happy Memorial Day (OTR will be CLOSED)

5/30 Work Together Wednesday

A Note from the Director Ms. Jill

The month of May is full of special days such as Cinco de Mayo, Muffin's with Mom, National Chocolate Chip Day, Family Craft Night, NASCAR Day, and Work Together Wednesday. Please make sure you get this month's calendar from your child's mailbox to hang up at home to keep up with our special days.

Over The Rainbow is very excited to let you know that we have re-designed our website! Please take a look at it and let us know what you think. Also, please "like" us on Facebook and follow us on Instagram if you haven't done so already. By following us, you will be able to see pictures and videos of your child's day and get information about our school too. Feel free to have your family and friends to like and follow us too!

We are now accepting registration for Summer Camp. Forms and information packets can be picked up in the front office.

Picture Day went without a hitch! Payments for pictures were due May 1, 2018 via online or handed into the office. We will let you know when the pictures will be in and sent home. If you have any questions, please stop by the office.

Our Lending Library is going well. Students get to pick a book every Tuesday and they are to return the book the following Monday.

The Week of the Young Child™ was a blast! All the children had a great time with all the various daily activities. Thank you to everyone who helped with OTR's second Carnival. It was so nice seeing all the smiles and families enjoying games, food and the Mickey Mouse Bounce House.

Creating a Winning Mindset

People need to feel passion, purpose, and a sense of being productive, and such feelings are particularly crucial for entrepreneurs. Creating and keeping a winning mindset can be more difficult than it sounds, however, which is why the following pieces of advice may come in handy.

It is crucial to absorb inspiration from the world around you. Listen and watch the people and environment in your everyday life and read a lot, the latter of which can offer a broader, more complex and richer of model of experience, enabling you to look at your own life with a new sense of understanding and a fresh perspective.

Staying fit is also a good idea, as it keeps you sharp both physically and mentally, making you feel better, stronger, and more confident. At least half an hour of exercise every day is a must. It is also important to give yourself the time to celebrate what you have achieved and gotten right during the day and treat yourself to a little reward of some kind such as a bottle of wine or going to a movie. Enjoy your successes, learn from your failures, and move on to the next day.

April Happenings

Orange Room-

Exploring projects materials for Mothers Day.
Bubbles and pom-poms for sensory.
Flower project
Stacking different size blocks
Meal time skills

Yellow Room-

Exploring water in their sensory table.
Circle time outside when the weather permits.
Mess free painting,
Scooping and pouring skills

Red Room-

Learning about dinosaurs.
Fruit Pizza
Apple Pie Rolls.
Stimulate senses using moon sand.
'You are My Sunshine' lyrics plus a project to go with it.

Purple Room and Little Red Room-

Slime making
Writing center continuing with pencil grip, numbers and upper case letters.
Ice Cream Sundae creations.
'What Letter that goes with this Sound' game.
Team building skill's
How many syllables are in your name

Green Room-

Special gift for Mom.
Writing first and last names
Identifying their last names
Learn how to play volley ball
Water color painting

"Spring is here!"



When to Suspect Allergies in Young Children

Some allergies are easy to identify by the pattern of symptoms that follows exposure to a particular substance. But others are subtler and may masquerade as other conditions. Here are some common clues that could lead you to suspect a child may have an allergy.

Repeated or chronic cold-like symptoms that last more than a week or two, or that develop at about the same time every year. These could include-

Runny nose- Nasal stuffiness- Sneezing- Throat Clearing- Nose Rubbing- Sniffling, Snorting, Itchy, Runny Eyes

Common Allergens in Home and School

Many indoor allergens cause problems for children because they are inside of home and school for longer periods.

Dust: contains dust mites and finely ground particles from other allergens, such as pollen, mold, and animal dander

Fungi: including molds too small to be seen with the naked eye

Furry animals: cats, dogs, guinea pigs, gerbils, rabbits, and other pets

Clothing and toys: made, trimmed, or stuffed with animal hair

Latex: household and school articles, such as rubber gloves, toys, balloons; elastic in socks, underwear, and other clothing; airborne particles

Bacterial enzymes: used to manufacture enzyme bleaches and cleaning products

Certain foods

Controlling Allergy Symptoms

It's helpful to use air conditioners, where possible, to reduce exposure to pollen.

Molds are present in the spring and late summer, particularly around areas of decaying vegetation. Children with mold allergies should avoid playing in piles of dead leaves in the fall.

Dust mites congregate in places where food for them is plentiful (e.g. flakes of human skin). That means they are most commonly found in upholstered furniture, bedding, and rugs.

Wash linens weekly, and other bedding such as blankets, every 2 to 3 weeks in hot water to kill the dust mite.

Pillows should be replaced every 2 to 3 years.

Reminders



Weather and Clothes



Please make sure that your child is dressing appropriately for the daily weather, as they go outside daily. Also please make sure your child has a change of clothes at the school. The changes of clothes need to be updated to go with the weather too. All your child's belongings must be labeled with their names.



We are now subscribing to "SO TELL US" which is an online video customer review system. Please consider taking a few minutes to do a review for us so you can provide positive information to potential families. Control/Click the link below to start your review

<https://sotellus.com/r/over-the-rainbow-cdc/>



Instagram

We are on Facebook and Instagram



Please "Like" us on Facebook and 'Follow' us on Instagram to keep connected with what's going on in our school. Pictures and events are posted often. Please tell your family and friends about our social media and give them the opportunity to see our children enjoying their school days.

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