

Over the Rainbow April 2018 Newsletter

Over the Rainbow
Bordentown, NJ 08505
Overtherainbowcdc.com
April, 2018
Volume 1, Issue 7

Happy Birthday

4/3	Johnny
4/4	Joseph P.
4/7	Julianna
4/9	Hunter
4/18	Peyton
4/19	Dezton
4/20	Brooklyn
4/21	Caine
4/22	David

Upcoming Events

4/2 Early Bird Registration Starts

4/3 National find a Rainbow Day

4/5 Crazy Sock Day

4/9 Book Orders Due

4/10 Lending Library will begin

4/11 National Pet Day!

*Bring a photo of your family's pet

4/12 National Grill Cheese Day

4/15 Week of the Young Child Begins

4/19 Family Carnival: 3:30pm-6:30pm

4/22 Earth Day

4/30 Early Bird Registrations Ends

A Note from the Director Ms. Jill

I cannot believe we are only two months away from summer! March most certainly came in like a lion with the snow storms, however it did go out like a lamb with Easter and Passover weekend having beautiful weather. Fingers crossed that April showers will bring May flowers, not April snow showers.

April is full of special days such as Earth Day, World Penguin Day, National Pizza Day and Oatmeal Cookie Day, Over The Rainbow will be celebrating these dates plus we will have all these specials listed below.

Over the Rainbow is happy to announce our Early Bird Registration for this fall. If you register your child/children in the month of April, you will be charged \$50.00 instead of the normal registration fee of \$75.00.

Picture day has been rescheduled for Tuesday, April 24th. If you have any questions, please stop by the office.

Ms. Liz will be starting our Lending Library this month; more information will be sent through email.

The Week of the Young Child™ is an annual celebration hosted by the National Association for the Education of Young Children celebrating early learning. Over The Rainbow is so excited to be participating again this year. The Week of the Young Child is April 16-20, 2018! The daily themes are as follows: All About Me, Monday, Tasty Tuesday, Work together Wednesday, Family Carnival, and Pajama Day with a movie. Each day the classrooms will be doing special activities centered around these themes.

Achieving the Balance

Separating work and life at important moments is a vital skill that everyone should know, but which can be particularly challenging in a modern age where everyone seems to be connected twenty-four hours a day, seven days a week. However, a healthier balance between work and life can be achieved simply by following a few sensible tips.

Establishing a healthy give and take is one crucial bit of advice. Work sometimes will take priority over other aspects, but then family life should also rightly take priority over work in some instances. In both cases, the shortfall in the other area – personal time or work time – should be corrected when the “busy” time in the opposing aspect of our lives has returned to normal.

It is also a good idea to occasionally unplug altogether. Letting our brains take a break from the constant buzz of work is also of great importance, not just for our quality of life and our families, but for the work itself, as studies show that downtime can actually increase both creativity and productivity.

April Happenings

Orange Room

- The babies will be exploring projects materials for Springtime
- The babies will focus on hand-eye coordination by scooping up and opening colored plastic eggs
- The babies will stimulate this sense of touch through tissue paper
- Music and movement, they will be rowing their boats to 'Row Row Your Boat'

Please send in family pictures for the classroom family tree board.

Yellow Room

- The toddlers will be making and eating 'Ants on a Log'
- The toddlers will make their own play dough and play with it.
- The toddlers are continuing on with their cup drinking skills along with table manners.
- The toddlers will have fun using their sense of touch with making handprint flowers.
- Music and Movement the toddlers will move their body to various speeds of music.

Red Room

- The children will be using their senses this month by making butterfly shaped spring colored Rice Krispy treats.
- They will learn how to take care of flowers and plants. During this time the children will make edible dirt in a cup,
- They will discuss the life cycle of a butterfly and make tulips and butterflies in the art center.

Purple Room

- The preschool children will be discovering how to plant and grow flowers.
- They will be creating their own kite and they will fly it outside.
- The children will also be focusing on identifying their first and last names along with how to write them.
- Throughout the month the children and teachers will create a spring tree to decorate their classroom for spring.

Green Room

- The Pre-K children will be working on spring activities such as April shower umbrellas, learning about planting flowers, and making paper plate caterpillars.
- The children will have fun learning how to play soccer

"Spring is here!"



When to Suspect Allergies in Young Children

Some allergies are easy to identify by the pattern of symptoms that follows exposure to a particular substance. But others are subtler and may masquerade as other conditions. Here are some common clues that could lead you to suspect a child may have an allergy.

Repeated or chronic cold-like symptoms that last more than a week or two, or that develop at about the same time every year. These could include-

Runny nose- Nasal stuffiness- Sneezing- Throat Clearing- Nose Rubbing- Sniffling, Snorting, Itchy, Runny Eyes

Common Allergens in Home and School

Many indoor allergens cause problems for children because they are inside of home and school for longer periods.

Dust: contains dust mites and finely ground particles from other allergens, such as pollen, mold, and animal dander

Fungi: including molds too small to be seen with the naked eye

Furry animals: cats, dogs, guinea pigs, gerbils, rabbits, and other pets

Clothing and toys: made, trimmed, or stuffed with animal hair

Latex: household and school articles, such as rubber gloves, toys, balloons; elastic in socks, underwear, and other clothing; airborne particles

Bacterial enzymes: used to manufacture enzyme bleaches and cleaning products

Certain foods

Controlling Allergy Symptoms

It's helpful to use air conditioners, where possible, to reduce exposure to pollen.

Molds are present in the spring and late summer, particularly around areas of decaying vegetation. Children with mold allergies should avoid playing in piles of dead leaves in the fall.

Dust mites congregate in places where food for them is plentiful (e.g. flakes of human skin). That means they are most commonly found in upholstered furniture, bedding, and rugs.

Wash linens weekly, and other bedding such as blankets, every 2 to 3 weeks in hot water to kill the dust mite.

Pillows should be replaced every 2 to 3 years.

Reminders



Weather and Clothes



Please make sure that your child is dressing appropriately for the daily weather, as they go outside daily. Also please make sure your child has a change of clothes at the school. The changes of clothes need to be updated to go with the weather too. All your child's belongings must be labeled with their names.



We are now subscribing to "SO TELL US" which is an online video customer review system. Please consider taking a few minutes to do a review for us so you can provide positive information to potential families. Control/Click the link below to start your review

<https://sotellus.com/r/over-the-rainbow-cdc/>



Instagram

We are on Facebook and Instagram



Please "Like" us on Facebook and 'Follow' us on Instagram to keep connected with what's going on in our school. Pictures and events are posted often. Please tell your family and friends about our social media and give them the opportunity to see our children enjoying their school days.

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