

| WEEK 1 | | | | | |
|----------------------------------|----------------------|-----------------------|------------------------|---------------------|-----------------------|
| MEAL PATTERN | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| BREAKFAST | | | | | |
| Milk | Whole and 1% | Whole and 1% | Whole and 1% | Whole and 1% | Whole and 1% |
| Fruit/Vegetable | Banana | Strawberries | Banana | Apple Slices | Oranges |
| Grain | Toasty O's | WG Pancake | Kix | French Toast Sticks | Corn Flakes |
| Meat/Meat Alternate ¹ | | | | | |
| Extra | Water | Syrup; Water | Water | Syrup; Water | Water |
| LUNCH | | | | | |
| | MAC 'N CHEESE | TACO TUESDAY | DIPPERS | CHICKEN SOUP | PIZZA |
| Milk | Whole and 1% | Whole and 1% | Whole and 1% | Whole and 1% | Whole and 1% |
| Fruit/Vegetable ² | Pears | Mango Cubes | Applesauce | Melon | Pineapple |
| Vegetable | Broccoli | Corn | Peas and Carrots | Mixed Veggies | Coleslaw |
| Grain | Elbow Pasta | WG Tortilla | | Crackers | WG Pizza |
| Meat/Meat Alternate | Cheese | Ground/Vegan Turkey | Chicken/Veggie Nuggets | Grilled Chicken | Vegan Pizza |
| Extra | Water | Cheese; Water | Ketchup; Water | Pasta; Water | Water |
| SNACK | | | | | |
| Milk | Cheese Slices | Cherry Vanilla Yogurt | | | |
| Fruit | Apple Slices | | 100% Juice | Raisins | 100% Juice |
| Vegetable | | | | | |
| Grain | | Graham Crackers | WG Goldfish | Cereal Mix | Fresh Veggies |
| Meat/Meat Alternate | | | | | |
| Extra | Water | Water | Water | Water | Ranch Dressing; Water |

| WEEK 2 | | | | | |
|----------------------------------|------------------------|---------------------|------------------|------------------------|------------------|
| MEAL PATTERN | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| BREAKFAST | | | | | |
| Milk | Whole and 1% | Whole and 1% | Whole and 1% | Whole and 1% | Whole and 1% |
| Fruit/Vegetable | Peaches | Applesauce | Oranges | Mixed Fruit | Pineapple |
| Grain | Toasty O's | Waffles | Fruity O's | Bagel | Corn Flakes |
| Meat/Meat Alternate ¹ | | | | | |
| Extra | Water | Syrup; Water | Water | Cream Cheese; Water | Water |
| LUNCH | | | | | |
| | POTATO PIEROGI | EGG SANDWICH | MEATBALLS | CHICKEN ALFREDO | CASSEROLE |
| Milk | Whole and 1% | Whole and 1% | Whole and 1% | Whole and 1% | Whole and 1% |
| Fruit/Vegetable ² | Melon | Stawberries | Apple Slices | Pears | Peaches |
| Vegetable | Carrots; Grilled Onion | Green Beans | Peas | Broccoli | Peas & Carrots |
| Grain | Pierogi | WG Croissant | WG Roll | WG Pasta | Brown Rice |
| Meat/Meat Alternate | | Egg Patty & Cheese | Turkey Meatballs | Grilled Chicken | Grilled Chicken |
| Extra | Water | Water | Marinara; Water | Alfredo; Water | Water |
| SNACK | | | | | |
| Milk | Cheese Slices | Whole and 1% | Whole and 1% | | |
| Fruit | | | | 100% Juice | Raisins |
| Vegetable | | | | | |
| Grain | Pizza Crackers | Vanilla Crackers | Banana Muffins | Animal Crackers | Pretzels |
| Meat/Meat Alternate | | | | | |
| Extra | Water | Water | Water | Water | Water |

| WEEK 3 | | | | | |
|----------------------------------|----------------------|-----------------------|---------------------|-------------------|------------------|
| MEAL PATTERN | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| BREAKFAST | | | | | |
| Milk | Whole and 1% | Whole and 1% | Whole and 1% | Whole and 1% | Whole and 1% |
| Fruit/Vegetable | Bananas | Strawberries | Bananas | Apple Slices | Applesauce |
| Grain | Toasty O's | Pancakes | Kix | French Toast | Corn Flakes |
| Meat/Meat Alternate ¹ | | | | | |
| Extra | Water | Syrup; Water | Water | Syrup; Water | Water |
| LUNCH | | | | | |
| | MAC 'N CHEESE | TACO TUESDAY | TURKEY SAMMY | ASIAN WRAP | PIZZA |
| Milk | Whole and 1% | Whole and 1% | Whole and 1% | Whole and 1% | Whole and 1% |
| Fruit/Vegetable ² | Pears | Mango | Melon | Oranges | Pineapple |
| Vegetable | Broccoli | Corn | Potato Fries | Coleslaw | Green Beans |
| Grain | WG Pasta | WG Tortilla | WG Bread | WG Tortilla | WG Pizza |
| Meat/Meat Alternate | | Turkey/Vegan Crumbles | Turkey/Cheese | Grilled Chicken | Vegan Pizza |
| Extra | Cheese; Water | Salsa; Water | Water | Teriyaki; Water | Water |
| SNACK | | | | | |
| Milk | Cheese Slices | Straw/Banana Yogurt | | | Whole and 1% |
| Fruit | Apple Slices | | 100% Juice | Raisins | |
| Vegetable | | | Fresh Veggies | | |
| Grain | | Graham Crackers | | WG Goldfish | Vanilla Crackers |
| Meat/Meat Alternate | | | | | |
| Extra | Water | Water | Ranch; Water | Water | Water |

| WEEK 4 | | | | | |
|----------------------------------|--------------------------|-------------------------------|--------------------------|---------------------------|------------------|
| MEAL PATTERN | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| BREAKFAST: | | | | | |
| Milk | Whole and 1% | Whole and 1% | Whole and 1% | Whole and 1% | Whole and 1% |
| Fruit/Vegetable | Peaches | Applesauce | Pears | Mixed Fruit | Pineapple |
| Grain | Toasty O's | Waffles | Fruity O's | Bagel | Corn Flakes |
| Meat/Meat Alternate ¹ | | | | | |
| Extra | Water | Syrup; Water | Water | Cream Cheese; Water | Water |
| LUNCH: | | | | | |
| | TOASTY & SOUP | HOT TURKEY & GRAVY | BEEF AND BROCCOLI | HOMEMADE LUCHABLES | SPAGHETTI |
| Milk | Whole and 1% | Whole and 1% | Whole and 1% | Whole and 1% | Whole and 1% |
| Fruit/Vegetable ² | Apple Slices | Strawberries | Melon | Oranges | Peaches |
| Vegetable | Tomato Soup | Mashed Potatoes | Broccoli | Fresh/Roasted Carrots | Peas |
| Grain | WG Croissant | | Brown Rice | Crackers | WG Spaghetti |
| Meat/Meat Alternate | Turkey Ham/Cheese | Turkey Slices | Beef/Vegan Crumbles | Turkey Ham/Cheese | Meat Sauce |
| Extra | Water | Gravy; Water | Teriyaki Sauce; Water | Water | Water |
| SNACK: | | | | | |
| Milk | | | Cheese Slices | Whole and 1% | |
| Fruit | Raisins | Oranges | | | 100% Juice |
| Vegetable | | | | | |
| Grain | Pretzels | Goldfish | Pizza Crackers | Blueberry Muffins | Cheez-its |
| Meat/Meat Alternate | | | | | |
| Extra | Water | Water | Water | Water | Water |