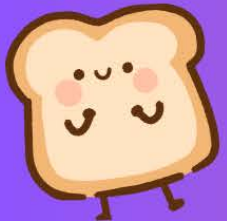




WEEKLY MENU WEEK 1



	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Milk, Toasty O's, Bananas	Milk, Strawberries, Whole Grain Pancakes	Milk, Bananas, Kix Cereal	Milk, French Toast Sticks, Apple Slices	Milk, Corn Flakes, Oranges
Lunch	Mac 'Cheese, Broccoli, Pears, Milk	Turkey Tacos (vegan option) Corn, Mango cubes, Milk	Chicken Nuggets (vegan option) Peas & Carrots, Applesauce, Milk	Chicken Noodle Soup (vegan option) Mixed Veggies, Melon, Crackers, Milk	Pizza (vegan option) Coleslaw, Pineapples, Milk
Snack	Cheese Slices, apples	Cherry Vanilla Yogurt, Graham Crackers	Whole Grain Goldfish Crackers	Cereal mix with raisins	Fresh Veggies with Ranch Dressing



Milk: Up to 1 years old: Whole milk, 2-5 year olds: 1% low-fat milk. Regulations state that milk substitutes are provided to participants with medical or special dietary needs with appropriate documentation.



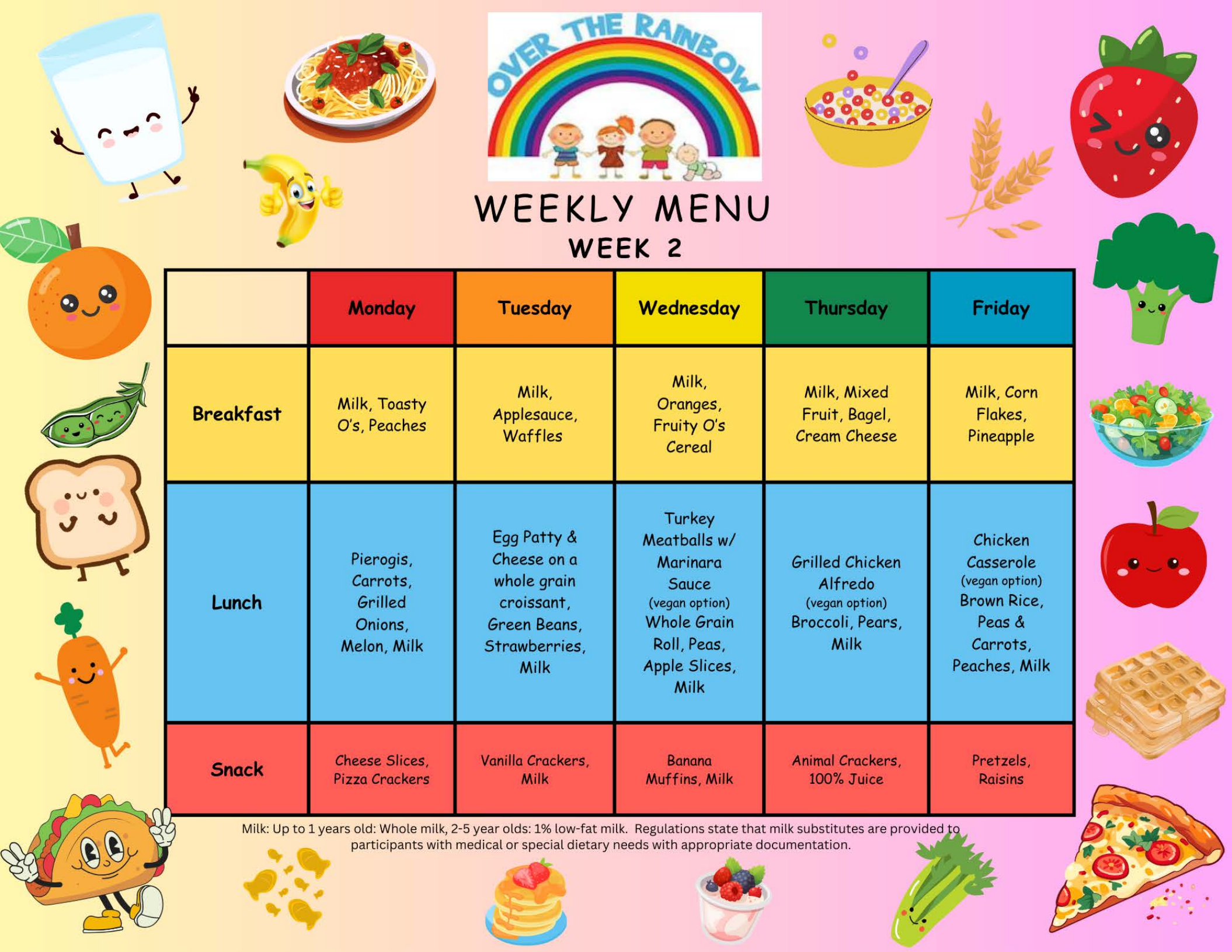


WEEKLY MENU

WEEK 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Milk, Toasty O's, Peaches	Milk, Applesauce, Waffles	Milk, Oranges, Fruity O's Cereal	Milk, Mixed Fruit, Bagel, Cream Cheese	Milk, Corn Flakes, Pineapple
Lunch	Pierogis, Carrots, Grilled Onions, Melon, Milk	Egg Patty & Cheese on a whole grain croissant, Green Beans, Strawberries, Milk	Turkey Meatballs w/ Marinara Sauce (vegan option) Whole Grain Roll, Peas, Apple Slices, Milk	Grilled Chicken Alfredo (vegan option) Broccoli, Pears, Milk	Chicken Casserole (vegan option) Brown Rice, Peas & Carrots, Peaches, Milk
Snack	Cheese Slices, Pizza Crackers	Vanilla Crackers, Milk	Banana Muffins, Milk	Animal Crackers, 100% Juice	Pretzels, Raisins

Milk: Up to 1 years old: Whole milk, 2-5 year olds: 1% low-fat milk. Regulations state that milk substitutes are provided to participants with medical or special dietary needs with appropriate documentation.

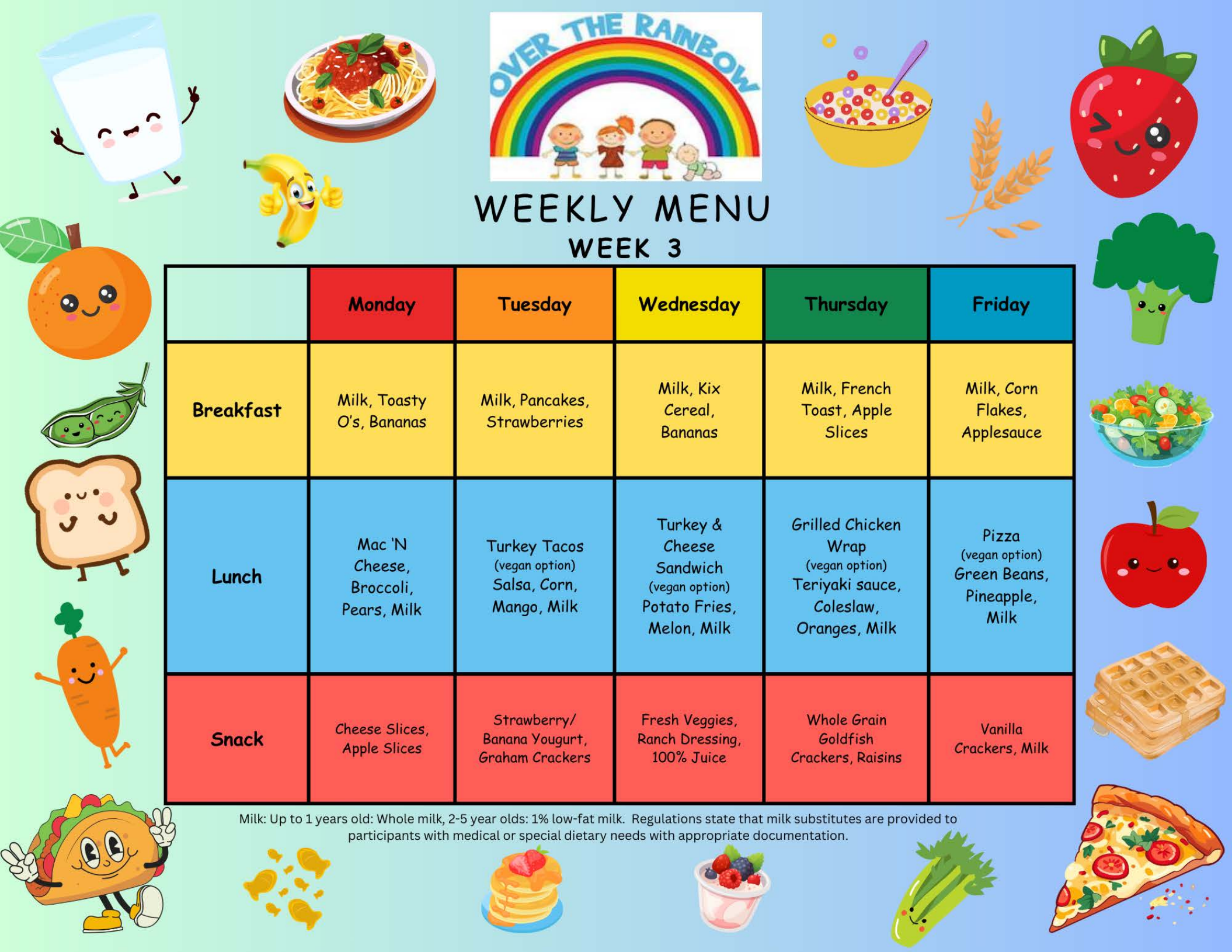




WEEKLY MENU WEEK 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Milk, Toasty O's, Bananas	Milk, Pancakes, Strawberries	Milk, Kix Cereal, Bananas	Milk, French Toast, Apple Slices	Milk, Corn Flakes, Applesauce
Lunch	Mac 'N Cheese, Broccoli, Pears, Milk	Turkey Tacos (vegan option) Salsa, Corn, Mango, Milk	Turkey & Cheese Sandwich (vegan option) Potato Fries, Melon, Milk	Grilled Chicken Wrap (vegan option) Teriyaki sauce, Coleslaw, Oranges, Milk	Pizza (vegan option) Green Beans, Pineapple, Milk
Snack	Cheese Slices, Apple Slices	Strawberry/Banana Yogurt, Graham Crackers	Fresh Veggies, Ranch Dressing, 100% Juice	Whole Grain Goldfish Crackers, Raisins	Vanilla Crackers, Milk

Milk: Up to 1 years old: Whole milk, 2-5 year olds: 1% low-fat milk. Regulations state that milk substitutes are provided to participants with medical or special dietary needs with appropriate documentation.





WEEKLY MENU

WEEK 4

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Milk, Toasty O's, Peaches	Milk, Waffles, Applesauce	Milk, Fruity O's Cereal, Pears	Milk, Bagel, Cream Cheese, Mixed Fruit	Milk, Corn Flakes, Pineapple
Lunch	Turkey Ham & Cheese on a Croissant <i>(vegan option)</i> Tomato Soup, Apple Slices, Milk	Roast Turkey w/Gravy <i>(vegan option)</i> Mashed Potatoes, Strawberries, Milk	Beef & Broccoli Stir Fry, <i>(vegan option)</i> Teriyaki Sauce, Brown Rice, Melon, Milk	Turkey Ham & Cheese Lunchable <i>(vegan option)</i> Fresh Roasted Carrots, Crackers, Oranges, Milk	Spaghetti w/Meat Sauce <i>(vegan option)</i> Peas, Peaches, Milk
Snack	Pretzels, Raisins	Oranges, Whole Grain Goldfish Crackers	Cheese Slices, Pizza Crakers	Blueberry Muffins, Milk	Cheez-its Crackers, 100% Juice

Milk: Up to 1 years old: Whole milk, 2-5 year olds: 1% low-fat milk. Regulations state that milk substitutes are provided to participants with medical or special dietary needs with appropriate documentation.

